



Workshop	One on One Training in Cognitive Institute Workshops
Target audience	All who work in healthcare (i.e. doctors, nurses, healthcare executives, clinical directors, departmental heads, administrators, allied healthcare professionals and non-clinical staff of healthcare institutions and practices)
Number of participants	One
Duration	<ul style="list-style-type: none">Standard – Up to 4 hoursExtended version – Up to 7 hours <p><i>Two workshops of standard duration can be conducted in one day (up to 8 hours). Also offered is an optional follow up program of up to two 4 hour sessions.</i></p>
Presenter	All presenters of Cognitive Institute workshops are doctors or healthcare professionals who have attained accreditation after undertaking intensive formal communication skills training with the Institute.
Workshops suitable for this format	<p>The majority of Cognitive Institute workshops can be offered in this format.</p> <p>It is advised that the particular issues and concerns that lead to the identification of this training methodology as the most appropriate be discussed with the Cognitive Institute. This will enable the Institute to provide advice about the particular program(s) that is most likely to address the identified training need.</p>
Other recommended workshops	After this training <ul style="list-style-type: none">Clinical Communication ProgramSelected Cognitive Institute courses as advised by the presenter of the workshop
CME	Refer to College Accreditation and Points Document at www.cognitiveinstitute.org or email enquiries@cognitiveinstitute.org
Format	<p>The standard Cognitive Institute workshop that typically features short lectures, reflective exercises, facilitated discussions and rehearsal of skills (see the specific workshop overviews at the Cognitive Institute website www.cognitiveinstitute.org) is enhanced by individualised actor sessions to rehearse the skills that are normally taught in a group environment. The normal educational content of the workshop is enhanced by the opportunity to rehearse in a safe and individualised way.</p> <p>If appropriate to the workshop, videotaped case scenarios are also used to enable the participants to analyse and reflect upon their own skills. The format has been carefully structured to enable a mix of lectures, discussion, critical reflection and evaluation enhanced by skilled actor rehearsal to enable experimentation with new ways of approaching the issues raised by the content of the workshop and to reinforce learning.</p>
Benefits	<ul style="list-style-type: none">Individualised educational coaching to address specific areas of interpersonal skills competence that cannot be achieved in a group environmentIncreased motivation to engage and address issues of concernConcentrated teaching and training time with a skilled educator





Premise Cognitive Institute workshops are proven to be extremely effective at enhancing the skills and motivation of those who work in healthcare in the areas of risk management, communication skills, leadership, management and self care. The individualised workshop training opportunity allows participants to have an intensive training experience that is not available in a group environment.

Overview All Cognitive Institute workshops are practical skills development workshops designed to give healthcare professionals competence in a variety of communication and interactional domains.

For intensive skills development, workshops are available on a one-on-one basis. Actors are used to rehearse the skills that are normally taught in a group environment. This style of program provides an opportunity to identify the participant's individual training needs and challenges facilitating intensive coaching in the particular skills aligned with the selected workshop. This format is of particular value to participants who may have significant needs or who may struggle to identify the particular reason why they are facing challenges within the identified area.

The one-on-one environment allows the presenter to identify individual participant issues and challenges to assist in skills development. There is the opportunity for the Cognitive Institute presenter and actor to tailor the standard workshop exercises to reflect the specific issues that have been identified for the participant.

In addition, Cognitive Institute is able to offer a follow up education service that can consist of up to two optional follow-up educational sessions. A typical schedule would be:

- Optional Follow-up session 1: Follow-up half day session scheduled 3 weeks after the workshop
- Optional Follow-up session 2: Final half day session 3 months after the workshop

These follow up sessions are an additional option for participants and referring organisations to consider in their strategy to address the issues that require assistance and training.

Important Information

The One on One Workshop program is designed to identify and provide training to assist in, interpersonal and management related competencies for individuals. The training is not able to be premised on addressing individual issues related to current or specific disputes with colleagues.

In the particular circumstances where concerns are related to doctor-patient communication, potential participants or referring organisations are advised to consider the Clinical Communication Program as the preferred training option.

For information on the Cognitive Institute, presenters and workshops visit www.cognitiveinstitute.org

To book a workshop call Head Office on 61 7 3876 5711
or email enquiries@cognitiveinstitute.org

